



LUNCH MENU

A Thai Journey in Every Bite! 🇹🇭

Online ordering & Delivery available from our website
& for exclusive prices please visit www.mythai.ca

FRESH KITCHEN

Available 11:00 AM – 3:00 PM
All lunch items include jasmine rice (where applicable) & 1 spring roll

MY SALAD BOWL NEW \$19

Mango Salad with Chicken 🥭

Fresh julienned green mango with mint, coriander, red onions, bell peppers and crushed peanuts—topped with garlic chicken and palm sugar-lime dressing.
(Refreshing, light, and protein-packed)

🔍 Laab Salad & Coconut Sticky Rice 🌶️🌶️

Traditional Thai minced meat salad with mint, coriander, red onions, chilies, and lime—served with a side of coconut sticky rice.

Choice: Chicken | Beef

(A bold, herbaceous combo inspired by northern Thai flavors)

NOODLE SOUPS \$17

★ Tom Yum Noodle Soup 🌶️

Thailand's iconic hot and sour soup made with lemongrass, kaffir leaves, lime juice, seasonal vegetables, mushrooms, and bamboo shoots.

Choice: Chicken | Shrimp (+1)

Khao Soi 🌶️ NEW

Northern Thai-style egg noodle in a coconut curry broth with chicken, coriander, purple onions, drizzle of chili oil, topped with crispy rice crackers and side of lime wedge.



MY RICE BOWL 🥗 \$20

Custom to suit your personality, your taste and own it!

Jasmine rice stir-fried with egg, onions, garlic and My-Thai seasoning.

Choice of veggies:

- Broccoli
- Cauliflower
- Carrots
- Green beans
- Snow peas
- Tomato
- Pineapple

Choice of protein: Tofu | Chicken | Beef | Shrimp (\$+1)
Add Cashew Nuts (\$+1)



CURRIES \$20

★ Emerald/Green 🌶️

Rich green coconut curry with bamboo shoots, sweet basil, and seasonal vegetables.

Choice: Tofu | Chicken | Shrimp(+1)

★ Panang 🥕🌶️

Creamy coconut Panang curry with sweet bell peppers and green beans. Topped with crushed peanuts.

Choice: Tofu | Chicken | Beef

Pineapple 🥕🌶️

Panang curry sauce with pineapple and green beans.

Choice: Tofu | Chicken | Shrimp (+1)

Massaman 🥕🌶️ NEW

****Option to try with Paratha****

Mild coconut curry with tamarind juice, bay leaves, sweet potatoes, and red onions. Topped with cashew nuts.

Choice: Tofu | Chicken | Beef

🌱 Vegan friendly option available 🌾 Gluten-free option available ★ Bestsellers 🔍 Chef's Recommendation

Dietary Note: We are more than happy to cater to the needs of our customers who are vegetarian/vegan or having any allergies. Please notify us before ordering your meal.
Prices subject to change without notice and does not include taxes or gratuities.



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FROM THE WOK \$20

Cashew Nuts 🌱

Sautéed sweet bell peppers, onion, oranges with cashew nuts in our My-Thai Signature sauce.

Choice: Tofu & Veggies | Chicken | Shrimp (+\$1)

★ Mango Goddess 🌱🌶️

Mangoes, sweet bell pepper, snow peas, carrots and onions with late Chef Johnny's secret sauce.

Choice: Tofu & Veggies | Chicken | Shrimp (+\$1)

★ Thai Basil 🌱🌶️

Fresh Thai basil sautéed with onions, seasonal vegetables and chili-garlic stir-fry sauce.

Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Try it **Thai Streetstyle**
– Topped with a fried egg



Pad Kra Pao



Thai Ginger 🌱

Fresh aromatic ginger sautéed with mushrooms, snow peas, broccoli, cauliflower, carrots and onions.

Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Sweet & Sour Stir Fry 🌱 NEW

A refreshing, tangy dish made with a medley of tomato, cucumber, pineapple, onions, and bell peppers.

Tossed in our classic sweet and sour stir-fry sauce.

Choice: Tofu | Chicken | Shrimp (+\$1)

NOODLES \$20

★ Pad Thai 🌱🌶️

Rice noodles, egg, beansprouts with Tamarind sauce. Garnished with green onions and crushed peanuts.

Choice: Traditional – Chicken, Shrimp & Tofu

Vegetarian – Tofu & Veggies 🌱

🔍 Drunken Noodles 🌱🌶️

Flat rice noodles stir-fried with seasonal vegetables, Thai basil, onions and chili-garlic stir-fry sauce.

Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Sweet Soy Noodles 🌱

Flat rice noodles sautéed in sweet soy sauce with egg, broccoli, cauliflower, carrots and Chinese broccoli.

Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Singapore Noodles with Chicken NEW

Rice vermicelli noodles stir-fried with Chef's special curry blend, egg, onions and seasonal vegetables.

🌱 Vegan friendly option available 🌱 Gluten-free option available ★ Bestsellers 🔍 Chef's Recommendation

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