



LUNCH MENU

A Thai Journey in Every Bite! 🇹🇼

Online ordering & Delivery available from our website
& for exclusive prices please visit www.mythai.ca

Available 11:00 AM – 3:00 PM

All lunch items include jasmine rice (where applicable) & 1 spring roll

NOODLES SOUPS \$17

House Chicken Soup

Warm and soothing Thai chicken broth soup with rice noodles, vegetables, and bean sprouts.

★ Tom Yum Noodle Soup 🌶️

Thailand's iconic hot and sour soup made with lemongrass, kaffir leaves, lime juice, seasonal vegetables, mushrooms, and bamboo shoots.

Choice: Chicken | Shrimp (+1) | Seafood (+2)

Khao Soi 🌶️ NEW

Northern Thai-style egg noodle in a coconut curry broth with chicken, coriander, purple onions, drizzle of chili oil, topped with crispy rice crackers and side of lime wedge.

CURRIES \$20

★ Emerald/Green 🌶️

Rich green coconut curry with bamboo shoots, sweet basil, and seasonal vegetables.

Choice: Tofu | Chicken | Shrimp (+\$1) | Seafood (+\$2)

★ Panang 🌶️🌶️

Creamy coconut Panang curry with sweet bell peppers and green beans. Topped with crushed peanuts.

Choice: Tofu | Chicken | Beef

Pineapple 🌶️🌶️

Panang curry sauce with pineapple and green beans.

Choice: Tofu | Chicken | Shrimp (+\$1)

Massaman 🌶️🌶️

****Option to try with Paratha****

Mild coconut curry with tamarind juice, bay leaves, sweet potatoes, and red onions. Topped with cashew nuts.

Choice: Tofu | Chicken | Beef

Yellow 🌶️🌶️

Turmeric spice simmered in Thai curry paste, coconut milk, seasonal vegetables and onions.

Choice: Tofu | Chicken

MY SALAD BOWL NEW \$19

Papaya Salad & Chicken Wings 🌶️

Thailand's iconic shredded green papaya salad paired with 2 pieces of Thai-style chicken wings glazed in our My-Thai Signature sauce. *(Fresh, tangy, and perfectly balanced with a savory kick)*

🔍 Laab Salad & Coconut Sticky Rice 🌶️🌶️

Traditional Thai minced meat salad with mint, coriander, red onions, chilies, and lime—*served with a side of coconut sticky rice.*

Choice: Chicken | Beef

(A bold, herbaceous combo inspired by northern Thai flavors)

Mango Salad with Chicken 🌶️

Fresh julienned green mango with mint, coriander, red onions, bell peppers and crushed peanuts—topped with garlic chicken and palm sugar-lime dressing.

(Refreshing, light, and protein-packed)



🌱 Vegan friendly option available 🌾 Gluten-free option available ★ Bestsellers 🔍 Chef's Recommendation

Dietary Note: We are more than happy to cater to the needs of our customers who are vegetarian/vegan or having any allergies. Please notify us before ordering your meal. Prices subject to change without notice and does not include taxes or gratuities.



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FROM THE WOK \$20

★ Cashew Nuts 🌿

Sautéed sweet bell peppers, onion, oranges with cashew nuts in our My-Thai Signature sauce.
Choice: Tofu & veggies | Chicken | Shrimp (+\$1)

★ Mango Goddess 🌿🍌

Mangoes, sweet bell pepper, snow peas, carrots and onions with late Chef Johnny's secret sauce.
Choice: Tofu & veggies | Chicken | Shrimp (+\$1)

★ Thai Basil 🌿🍌

Fresh Thai basil sautéed with onions, seasonal vegetables and chili-garlic stir-fry sauce.
Choice: Tofu | Chicken | Beef | Shrimp (+\$1) | Seafood (+\$2)

Try it *Thai Streetstyle* – Topped with a fried egg



Pad Kra Pao

Thai Ginger 🌿

Fresh aromatic ginger sautéed with mushrooms, snow peas, broccoli, cauliflower, carrots and onions.
Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Sweet & Sour Stir-Fry 🌿 NEW

A refreshing, tangy dish made with a medley of tomato, cucumber, pineapple, onions, and bell peppers. Tossed in our classic sweet and sour stir-fry sauce.
Choice: Tofu | Chicken | Shrimp (+\$1)

Thai Fried Rice 🌿

Wok-tossed jasmine rice with egg, seasonal vegetables, and My Thai seasoning.
Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

NOODLES \$20

★ Pad Thai 🌿

Rice noodles, egg, beansprouts with Tamarind sauce. Garnished with green onions and crushed peanuts.
Choice: Traditional – Chicken, Shrimp & Tofu
Vegetarian – Tofu & Veggies 🌿

🔍 Drunken Noodles 🌿🍌

Flat rice noodles stir-fried with seasonal vegetables, Thai basil, onions and chili-garlic stir-fry sauce.
Choice: Tofu | Chicken | Beef | Shrimp (+\$1) | Seafood (+\$2)

Sweet Soy Noodles 🌿

Flat rice noodles sautéed in sweet soy sauce with egg, broccoli, cauliflower, carrots and Chinese broccoli.
Choice: Tofu | Chicken | Beef | Shrimp (+\$1)

Singapore Noodles with Chicken

Rice vermicelli noodles stir-fried with Chef's special curry blend, egg, onions and seasonal vegetables.



Sweet Soy Noodles

Drunken Noodles

Traditional Pad Thai

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